

## SIMPLE REMEDIES

**Cough.**—For a cough which accompanies the ordinary cold make a pint of strong sage tea; add one-half teaspoonful of alum, two tablespoonfuls of honey, one tablespoonful of gum arabic.

Or—Make a pint of strong flaxseed tea. Squeeze in the juice of two lemons, add a quarter of a pound of lump sugar.

**Fainting.**—There is rarely ever a doctor at hand when a person faints. Simple remedies will usually bring anyone out of an ordinary faint. Lay the patient down; give plenty of air; allow no crowding; loosen the clothing; rub the hands, sprinkle the head and face and apply hartshorn to the nostrils.

When consciousness begins to return raise the head a little or bring the patient to a half-sitting posture and fan. Do not seem excited or speak loudly.

**Hemorrhage.**—Send for a physician. In the meantime lay the patient down, apply cold cloths to the chest and administer table salt at short intervals.

**Indigestion.**—For a sudden seizure of indigestion, with dangerous symptoms, administer a teaspoonful of table salt. Put a mustard plaster on the stomach, hot brick to the feet and give a gentle cathartic.

**Frozen.**—For a person frozen. Be sure to keep them away from the fire. Rub violently with snow or ice cold water. When recovering roll them in a blanket, put in bed, cover well, give warm tea or hot beef soup.

**For a Fit.**—Extend the patient with the head elevated. Give plenty of air. Apply ice or cold water to the head and heat to the feet. Apply ammonia, rub the feet and hands.

**Severe Vomiting.**—After the stomach seems to have been relieved of any irritating substance put a bottle of hot water to the feet of the patient. Apply to the stomach cloths that have been wrung out of hot vinegar and mustard. Keep the patient in bed with the head comfortably elevated. Apply a cloth wet in cold water to the forehead and keep a handkerchief, wet in bay rum, cologne or camphor, near the face. Have the air pure and the room partially darkened.

## TO ASK FOR RELEASE

Salem, Mass., Oct. 8.—Late today it was decided that the attorney for Ettor, Giovannitti and Caruso would ask for their release on bail pending the selection of a jury.

The decision to apply for bail was only reached after four conferences between the attorneys for the defense and prosecution. The application will be made before Judge Quinn.

"Why do you call your motor car 'she'?" "Because I can't find a man who understands her."

## WEATHER FORECAST

Unsettled weather tonight and Wednesday, with showers for Chicago and vicinity; warmer tonight; moderate southerly winds.